

THE GHOST THEORY

written

by

Dr. Schünts Michél-Sourbét

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Many theories exist around the folklore of ghosts and energies of the soul, but none have yet reached a high enough standard. The reasons we age and, at times, experience other-worldly sensations involving souls trapped in limbo between the physical world and the other side has been debated for centuries. By writing this research paper, the hope is to quell all doubts around the notion of “spirit” and inform the masses about the actual cause of physical aging. Knowledge is power, no matter how little we can control the powers that be. For the future of humanity, it is important to not only know what is actually taking place amongst our ignorantly poised populace of high-brow know-it-alls and academics but to also smooth over the debate by adopting a single and highly accurate explanation of the soul and aging, all summed up into a single essay entitled: *“The Ghost Theory.”*

It has been well-accepted that human aging has been directly attributed to measurable time in units of years. But throughout history, an extremely important factor in the aging process has been and continues to be, overlooked in mainstream society. While the amount of time the physical body exists in absolute reality does, in fact, directly affect the aging process, it is not the *only* cause.

The “soul” has been a relatively loose term throughout human history to refer to an invisible energy field within the human body that encapsulates the very being of the individual. An accepted definition provided by Oxford Languages is:

*“The spiritual or immaterial part of a human being or animal, regarded as immortal. Or emotional or intellectual energy or intensity, especially as revealed in a work of art or an artistic performance.”*¹

Notice here how the word “energy” is a definitive reference-point for the soul. Take a moment to consider the universally accepted law that energy is recyclable throughout the universe. Energy cannot be lost, it merely transforms or changes mediums. According to ScientificAmerican.com, energy can neither be created from nothing nor destroyed into nothingness.² So when considering

¹ <https://languages.oup.com/google-dictionary-en>

² <https://www.scientificamerican.com/article/energy-can-neither-be-created-nor-destroyed/>

this, we must reexamine what other energies leave the human body that cannot be seen by the human eye. It is this very logic that had led to breakthroughs in understanding the soul amongst many other phenomena that go unseen.

If energy is always existent and thus always changing through the lifespan of the universe, it is necessary to ascertain and measure all the energies that leave the human form no matter how seemingly insignificant. Here is a table of human behaviors that release nearly unnoticeable energy that should be considered, often referred to as human energy-releasing behaviours (H.E.R.B.'s):³

Scientific Situation	Colloquial Name/Ref.
<ul style="list-style-type: none"> - Digestive gases leaking through the mouth - Digestive gases leaking through buttox - Moist air escaping mouth by forced compression of air and aggressive release - Contaminated air escaping nostrils by forced air (defense technique caused by the immune system) - Unhygienic scents from oral cavity 	<ul style="list-style-type: none"> - Burping - Flatulence/Farting - Coughing - Sneezing - Bad breath

While these H.E.R.B.'s are normal for the average healthy individual, it is important to realize the correlation between the energy escaping and the soul inside the sentient being. There is a finite amount of soul in an individual (referred to as “**soul count**”) and the gaseous/clear nature of these human behaviors that release energy has been measured and proven to affect age.

The more years of life, the more we lose parts of our soul through these common human behaviors. While parts of the soul leak little by little, our soul count and youth are directly affected thus causing the aging process. Babies tend to change quickly due to the amount of soul they lose through these energy-demanding gestures. As humans reach their later years, the amount of energy escaping increases due to the increase in H.E.R.B.'s (the human behaviors above) - this causes another phase of “soul collapse” leading to the more rapid aging process currently plaguing modern societies around the world (“**soul collapse**” - a situation when an

³ <https://timetochangetheworldonetoatatime.com/tableoftoots>

abnormal amount of energy escapes the body more rapidly causing an increased, almost simultaneous and unbearable, release of soul count that catapults the individual toward older age).

Through this elaborate process of energy release, portions of the soul begin to clump around the living spaces of human beings. As the years pass, these clumps of **soul-bits** (small parts of the soul that have escaped from humans) begin to form a disfigured soul that acts out in aggression toward other souls in the area.⁴ This phenomenon is often experienced by individuals living within the space and is colloquially referred to as “ghosts;” hence, the name of the essay. Here is a short list of the most common areas where ghosts can be found:

- ❖ Brothels
- ❖ Old houses
- ❖ Bathrooms
- ❖ Locker rooms
- ❖ Government buildings
- ❖ Senior homes
- ❖ Cheap hostels
- ❖ Outdated museums

Please be aware that research continues to enlighten the populace as to the details of all that has been stated above. But it has been unanimously accepted by the scientific community that the aging process is in fact due to human energy-releasing behaviors (H.E.R.B.’s) and causes the universal phenomenon referred to as “ghosts.”

The most logical, undeniable conclusion to sum up the ghost theory is this: H.E.R.B.’s cause an overabundance of soul-bits leading to the creation of ghosts. This also explains the trapped energies in human habitats and humanity’s inability to maintain youth due to the finite amount of soul that individuals are born with and lose over time from daily life. Research is being conducted currently in recycling lost energies through H.E.R.B.’s to potentially prolong the life of the average human, but initial experiments have produced disappointing results. Due to a recent project in Russia causing many deaths of patients reportedly being volunteered by the government to participate in an Anti-Soul-Collapse trial, many countries have begun banning further experiments on humans.

In efforts to save the human species from eventually imploding due to chronic soul-collapse, we must fight for the right to research ways to improve energy efficiency during

⁴ <https://ghostlytoots.com/stop-the-misconception/>

H.E.R.B.'s and learn to evolve toward a more wholesome, soulful existence. The current advocates spearheading the movement can be found at: <https://LetsPassLessGas.com>.

As we venture forth into the unknown abyss of tooting mayhem, action must be taken now to prevent unreparable damage to the environment. As the ghost population increases parallel with the increase in human birthing rates, it is alarming to share data on how it affects the ozone layer as more ghosts appear in the last century. Unhealthy food high in cholesterol and fructose corn syrup can dramatically lead to high rates of gas release during H.E.R.B.'s. Possible next steps could include:

- Banning all bean products.
- Preventing people with bad digestion from eating too regularly.
- Ensuring a container to capture leaked gas from H.E.R.B.'s is made available to the public at a reasonable price for minimum wage workers.
- Begin correcting misinformation by spreading peer-review articles like these via email newsletters or printed magazines.
- Creating a new social stigma against public or private flatulence.
- Stopping all jokes involving flatulence or relating to anything with the H.E.R.B.'s.
- Laughing at those who disagree with the information found within accepted articles like this one.
- Raising an over-proportioned alarm that causes massive public mayhem to potentially inform, on a global scale, the extreme reality of the situation humanity has found itself in.
- Make fewer babies.
- Train pet animals to pass gas less, if possible.
- Zoos need to be under strict watch with a measurable output of ghost-fog and soul-bits, especially the hippopotamus.
- Creating more websites with catchy names to help spread information:
 - <https://BohemianFartsedy.com/>
 - <https://OopsTootsBoots.com/>
 - <https://MostlyGhostly.com/>
 - <https://Fartality3000.com/>
 - <https://SoulCollapse.com/>